



Home and Community Options
Annual Report 2010

Executive Director

Prior to the 1970s, agencies like Home and Community Options, Inc. (HCO) didn't exist in the state of Minnesota. People with developmental disabilities were institutionalized in non-integrated environments. Concerned Winona County family members and advocates deployed a grass roots effort to establish this agency. Times were challenging in the early days. There was little community understanding of the effort and the public was not always comfortable in accepting their new neighbors. Staff also had to learn how to provide community integrated activities. We endured the early years because we had a dedicated staff, some who are still with us today. There were also committed volunteers that championed the efforts to garner community support.

Through the 1980s and 1990s we became more comfortable and competent in our methods and skills of supporting people with disabilities in the community. We identified better living situations that were more normal, we began semi-independent living services, and we implemented support to families with in-home family support services to children and adults with disabilities who continued to live at home. Again we thrived because of a dedicated staff, the continued commitment of many volunteers, and a community that began to understand and accept people with disabilities as part of their community.

Today in Winona County we are providing a wide array of services. Our staff are more competent in identifying needs, families are supportive, and we continue to garner the support of volunteers to meet our mission. The community in general is understanding and accepting of people with disabilities and the support services they need. People with disabilities truly have a quality of life that approximates those of other neighbors and friends.



Denny Theede

What will the future hold for HCO? Because of huge state and federal budget deficits, there is the likely reality of change that will affect services as we currently see them. These changes could include reduction in staff, downsizing of service availability, and potential changes to eligibility. While we must advocate for a fair outcome to budget balancing strategies in our legislature, a new and sustainable model must be created. We believe that our society must be cautious in protecting our most vulnerable citizens and ensuring we do not revert back to models of care that segregate and diminish the respect and dignity of citizens who have proven to be good neighbors.

Any plan for redesign of services must include the ideas of all stakeholders and instill the grass roots advocacy of our past. Any system redesign must ensure our most vulnerable citizens maintain the given right to live work and play in our community.

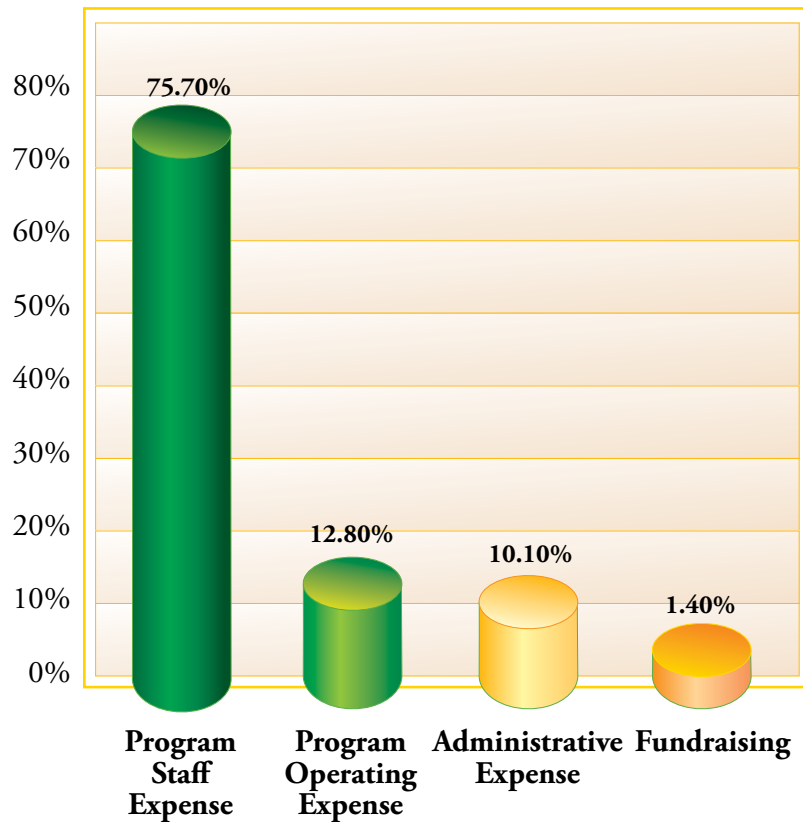
Financials

Home and Community Options, Inc. Statement of Financial Position

	Year Ended December 31,	
Assets	2010	2009
Current Assets		
Cash and cash equivalents	\$1,157,453	\$1,038,226
Accounts receivable	\$721,579	\$681,167
Prepaid expenses	\$6,053	\$10,112
Total Current Assets	\$1,885,085	\$1,729,505
Non-Current Assets		
Escrows and reserves	\$79,630	\$69,545
Property and equipment, net	\$4,912,659	\$4,762,106
Loan closing cost, net of amortization	\$44,889	\$29,143
Long-term investments	\$374,257	\$244,894
Beneficial interest in investments held by Minnesota Community Foundation	\$101,846	\$88,722
Winona Community Foundation	\$660,453	\$529,129
Total Non-Current Assets	\$6,173,734	\$5,723,539
Total Assets	\$8,058,819	\$7,453,044

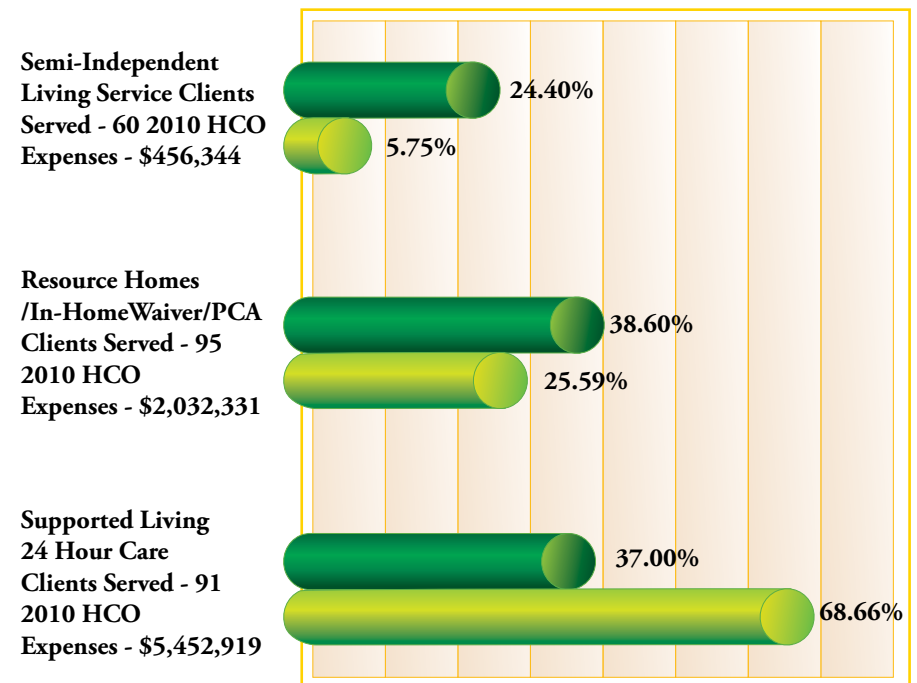
	Year Ended December 31,	
Liabilities and Net Assets	2010	2009
Current Liabilities		
Current portion of long-term debt	\$254,943	\$205,887
Accounts payable	\$100,810	\$154,239
Accrued expenses	\$494,185	\$430,287
Tenant security deposits	\$5,655	\$6,671
Total Current Liabilities	\$855,593	\$797,084
Long-Term Debt	\$1,949,737	\$1,964,930
Total Liabilities	\$2,805,330	\$2,762,014
Net Assets		
Unrestricted		
Unrestricted	\$4,635,277	\$4,078,572
Board Designated	\$78,353	\$75,930
Total Unrestricted	\$4,713,630	\$4,154,502
Temporarily restricted	\$539,159	\$535,828
Permanently restricted	\$700	\$700
Total Net Assets	\$5,253,489	\$4,691,030
Total Liabilities and Net Assets	\$8,058,819	\$7,453,044

Administrative vs. Program Service

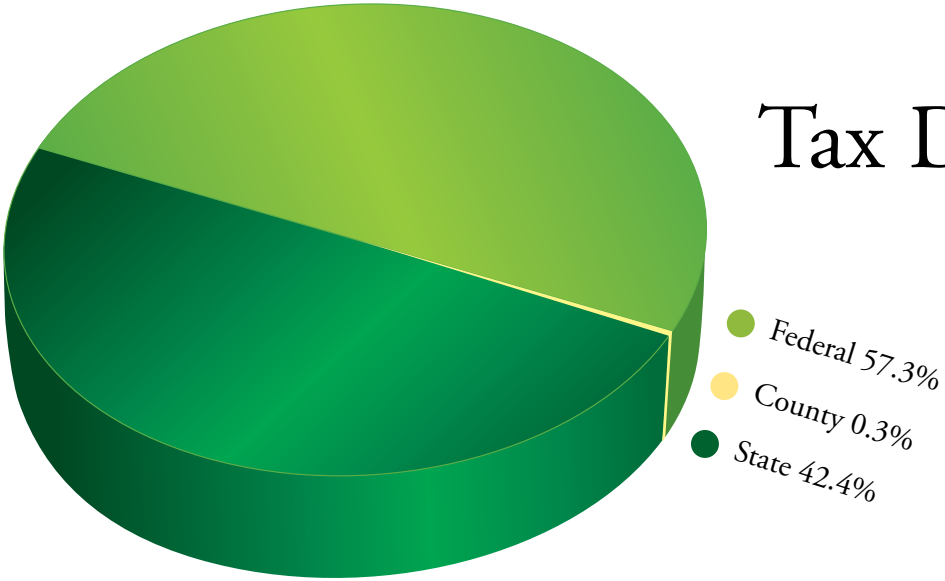


HCO 2010 Expenses vs. Clients Served

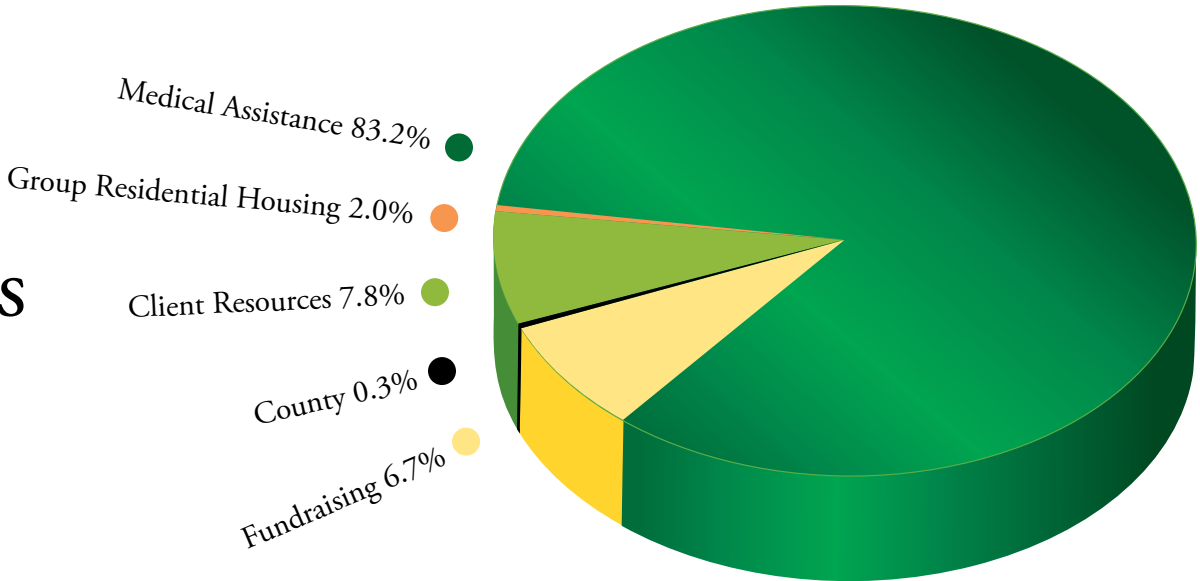
● Percent of Clients Served
● Percent of Expenses



Tax Dollar Allocation



Funding Sources



Our Core Values: Respect

Respect for all people and their differences

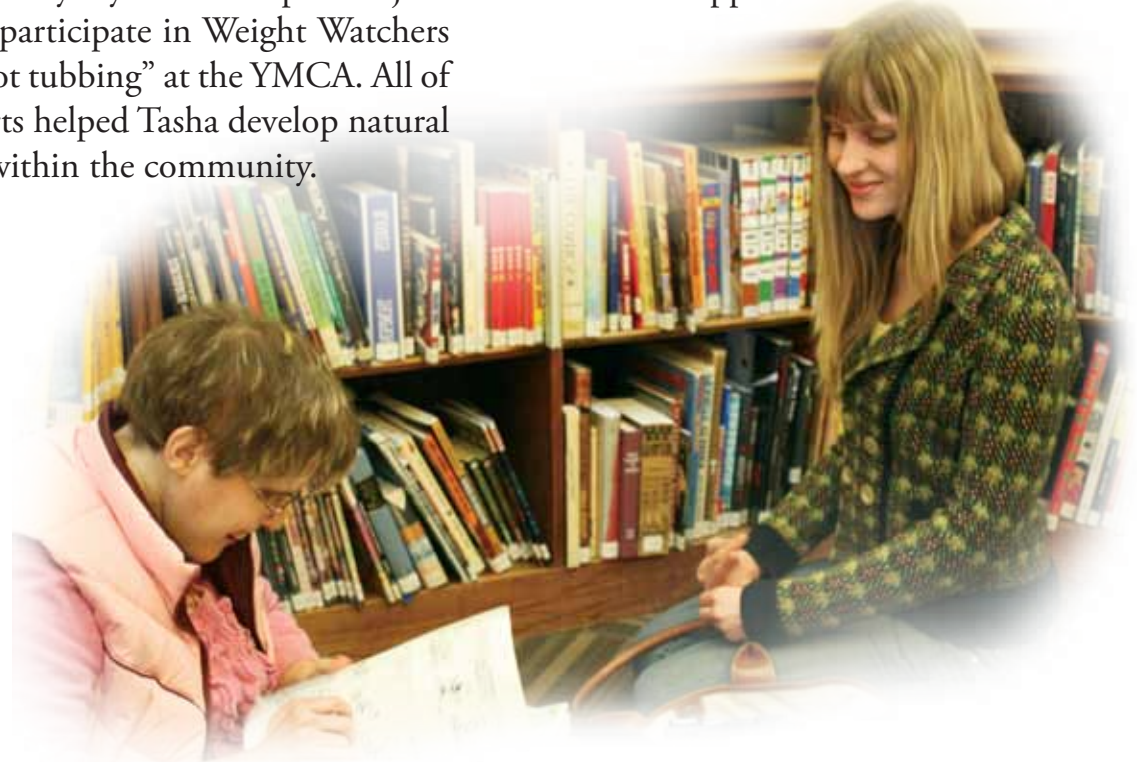
Tasha was in distress. Her disruptive behaviors were becoming intolerable for her roommates and challenging to her staff. She was in danger of losing her placement in her residential program and being moved to a crisis program out of the county. Kyann Washburn, Tasha's primary staff member, took charge to ensure that this wouldn't happen. Kyann worked with the rest of her team to plan a renovation of the home to allow for more privacy for Tasha. Once the house was renovated and Tasha was settled into the new space, her behaviors began to decrease.

Kyann has also implemented a new and innovative program. When Tasha was unable to convey her feelings to her staff and roommates, Kyann created "feelings cards." These cards have a picture of a woman that resembles Tasha

demonstrating a specific feeling—anger, jealousy, embarrassment. These cards provide a unique way for Tasha to express how she feels before any behaviors escalate.

As her behaviors began to decrease, it was easier to get Tasha more involved in the community. Kyann has helped her join a church, participate in Weight Watchers and go "hot tubbing" at the YMCA. All of these efforts helped Tasha develop natural supports within the community.

Kyann received the ARRM Cares Award for her efforts with Tasha. ARRM (Association of Residential Resources in MN) recognizes direct care staff who demonstrate professional integrity, advocate for networking supports, and have creative approaches to services



Our Core Values: Independence

Quality services that balance independence with safety and security



Shannon is like most 18 year old girls. She's looking forward to graduation. She talks about boys with her girlfriends. She worries about what clothes and make-up to wear to school. She has a part-time job at the YMCA. In her free time, Shannon loves to spend time in the garden and care for her veggies.

Shannon also receives assistance from Home and Community Options through our Community Living Services Program. Before her 18th birthday, Shannon began planning a move into her first apartment. With the help of Home and Community Options staff, she worked diligently to ensure her finances were in order. She saved money for a security deposit and furniture. She purchased pots, pans, silverware and

everything else needed to furnish her very own place.

On April 1st, Shannon proudly moved into HCO's Iverson Court apartments. She enjoys her newfound freedom and loves the new responsibilities of having her own place. She has made many new friends and has participated in Iverson Court's very competitive croquet matches.

Opened in 1984, Iverson Court is a twenty-four unit apartment complex for adults with developmental disabilities. Individuals must qualify, meet the very low-income guidelines, have self-preservation skills necessary to live independently, and have the maturity to abide by a Lease Agreement.

Our Core Values: Relationships

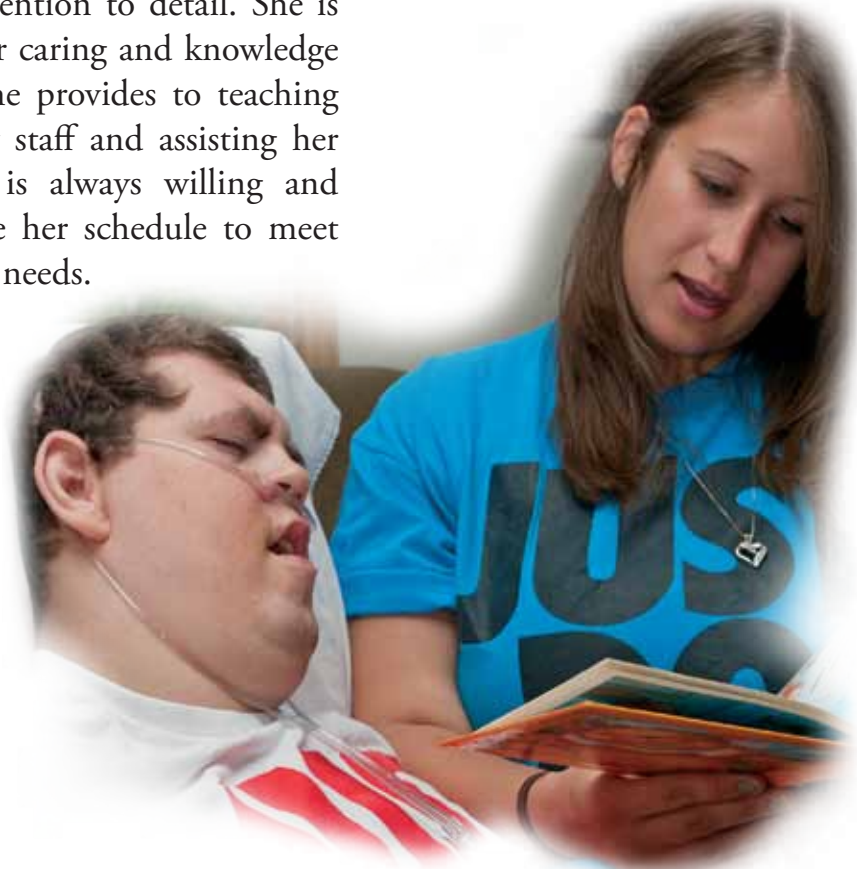
The ability of all individuals to learn, build relationships and enjoy life

Joey is a non-verbal 28 year old man with Cerebral Palsy. Because of his disability, he needs to wear a chest percussion vest and has to be fed and have meds administered via tube. Katie Cordes, Joey's primary staff member, provides care for Joey and works directly with his family on a daily basis to ensure that all of his needs are met. Katie spends so much time with this family that she is often referred to as "Cousin Katie" at family reunions.

Because Katie primarily works with clients who live at home with family members, she interacts in an advocacy role daily. She works with clients and families to make certain that all of client's needs are met in the best possible manner. Katie also utilizes her exceptional communication skills, tact and diplomacy while working with family members. The

results of her hard work are the strong and trusting relationships she has built.

Katie is known for her ability to bring out the best in a client or co-worker, her diligence, and attention to detail. She is able to extend her caring and knowledge of the support she provides to teaching and training new staff and assisting her supervisors. She is always willing and flexible to change her schedule to meet any of her client's needs.



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Donors

A heartfelt thank you to all of our dedicated donors. If we have neglected to mention anyone, please accept our apologies and know that we deeply appreciate your help and support.

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